



H.O.P.E.S. Drop-In Center
 227 West Penn Street
 Bedford, PA 15522
 814-623-2898
 Fax: 814-310-2043

NEW HOURS OF OPERATION
Monday-Friday 11:00am-4:00pm
Saturday and Sunday **CLOSED**
UNLESS OTHERWISE STATED ON THE CALENDAR
Call to reserve a spot and/or transportation for any activities on the calendar
(814) 623-2898

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>***Check for ITALIC&underline wording to SIGN-UP for Activities***</u></p>	<p><u>MAY IS MENTAL HEALTH AWARENESS MONTH!!!!!!!</u></p>		<p>1 Exercise 11:00am-11:45am Participant Meeting 12:30pm-1:30pm Red/White/Blue BINGO 1:30pm-2:30pm</p>	<p>2 National Day of Prayer Spiritual Movie & Popcorn 1:00pm-3:00pm</p>	<p>3 <u>Local Shopping: Bedford Walmart & Dollar Tree 11:00am-1:00pm*sign-up*</u> Game: Win, Lose, or Draw 1:15pm-2:15pm *Clean-Up The Center*</p>	<p>4 CLOSED</p>
<p>5 CLOSED</p>	<p>6 MH Awareness Month: Paint rocks green & hang green bows 12:30pm-2:30pm Walk the block 2:30pm-3:00pm</p>	<p>7 Movie & Popcorn 1:00pm-3:00pm Pool 11:00am-4:00pm</p>	<p>8 <u>Shopping Trip to Altoona: Ollie's, Good Will, & Lunch *You will need money for lunch* *Please Sign-Up*</u> THE CENTER WILL BE OPEN 11am-4pm</p>	<p>9 <u>Painting Class: 1:00pm-3:00pm *Must Sign-Up*</u> Coffee Social 1:00pm-3:00pm</p>	<p>10 Walk Around The Block 12:45pm-1:15pm Craft: 1:30pm-2:30pm Pool 11:00am-4:00pm</p>	<p>11 CLOSED</p>
<p>12 CLOSED</p>	<p>13 CSP Meeting 1:00pm-2:00pm Birthday Celebration 2:00pm-2:30pm</p>	<p>14 Color Pages 12:30pm-1:30pm Walk Around The Block 1:30pm-2:00pm</p>	<p>15 Walk down to the Farmer's Market 11:00am-1:00pm <u>Bedford Vo-Tech Beauty (Psych Rehab) 12:30pm-3pm</u> Card Game: UNO 1:30-2:30</p>	<p>16 Movie & Popcorn 1pm-3pm "DAY OF ENLIGHTENMENT" <u>CANDLE LIGHT VIGIL at the Gazebo 6:00pm-8:00pm Refreshments to follow</u></p>	<p>17 National Pizza Party Day: <u>Eating Pizza at 12:30pm *must sign-up*</u> Card Game: UNO 1pm-2pm</p>	<p>18 CENTER CLOSED <u>Somerset's MH Awareness Walk Leaving at 9:30am Return by 4:00pm *MUST SIGN-UP *</u></p>
<p>19 CLOSED</p>	<p>20 Walk the block 12:30pm-1pm Flower BINGO 1:00pm-2:00pm MH Support Group 4:00pm-6:00pm</p>	<p>21 Coffee and Conversation 1:15pm-2:15pm Crossword Puzzle Together 2:15pm-3:00pm</p>	<p>22 Exercise 11:00am-11:45am Game: Pass the Poke 12:30pm-1:30 pm Craft: 1:30pm-2:30pm</p>	<p>23 Movie and Popcorn 1:00pm-3:00pm Pool 11:00am--4:00pm</p>	<p>24 <u>Bedford County Critters Driving Tour 12:30pm-2:30pm *please sign-up*</u></p>	<p>25 CLOSED</p>
<p>26 CLOSED</p>	<p>27 CENTER CLOSED Happy Memorial Day!</p>	<p>28 Walk the block 12:30pm-1:00pm Game: Checkers 1:15pm-2:15pm</p>	<p>29 Badminton & Volleyball 1:00pm-2:00pm Lemonade & Snack 2:00pm-2:30pm</p>	<p>30 Walk the block 12:30pm-1:00pm Movie and Popcorn 1:00pm-3:00pm</p>	<p>31 Bocce Ball 1:00pm-2:00pm Lemonade & Snack 2:00pm-2:30pm</p>	

--	--	--	--	--	--	--